







Yuu is a space for you to clearly and safely
communicate your mental health issues and needs.



When it comes to communication - we can have issues talking about our mental health. Due to day to day issues such as busy schedules and social anxieties a trip to the Doctors isn't always as simple as just that. Flustered and on the spot, it's easy to miss out potentially vital information or tune out when someone else is speaking to you.



This is where Yuu comes in. Yuu is a communication platform that can aid both the Doctor and the Patient to make for a fluid and comfortable experience. Seeing as effective doctor-patient communication is a central component in the delivery of health care, I would hope that this tool would allow for better identification of patients' needs, perceptions, and expectations.

The patient will be referred to Yuu by their GP to act as an e-consultation platform prior to their appointment. By creating a shared space, Yuu allows for the patient to submit any symptoms, concerns or thoughts they have before their appointment for the Doctor to read. This eliminates the risk of losing vital information through translation and speeds up the process of getting the patient the help they require in a comfortable, relaxed manner.



As well as aiding the doctor-patient communication, Yuu also aims to create a space that completely normalises the topic of mental health. Upon entering their symptoms, the patient will be presented with the option to receive a design that has been created solely on their inputs. As mental health is primarily invisible, this visualisation will aim to give patients a depth of understanding into their own experiences, providing them with some form of comfort. There will also be a safe, monitored community space for patients to hold conversations between one another, as well as a wealth of helpful links, contacts and coping mechanisms for patients to access at all times.

Although this platform is still just a concept, I do believe that Yuu has a space within our health care system. With the emergence of e-consultation this system has been designed to fit into our current ever-evolving lifestyle whilst keeping both the doctor and the patients best interests at it's very core.





About Yuu Getting help **Crisis support** Services & contacts Community Space [Begin journey →](#)



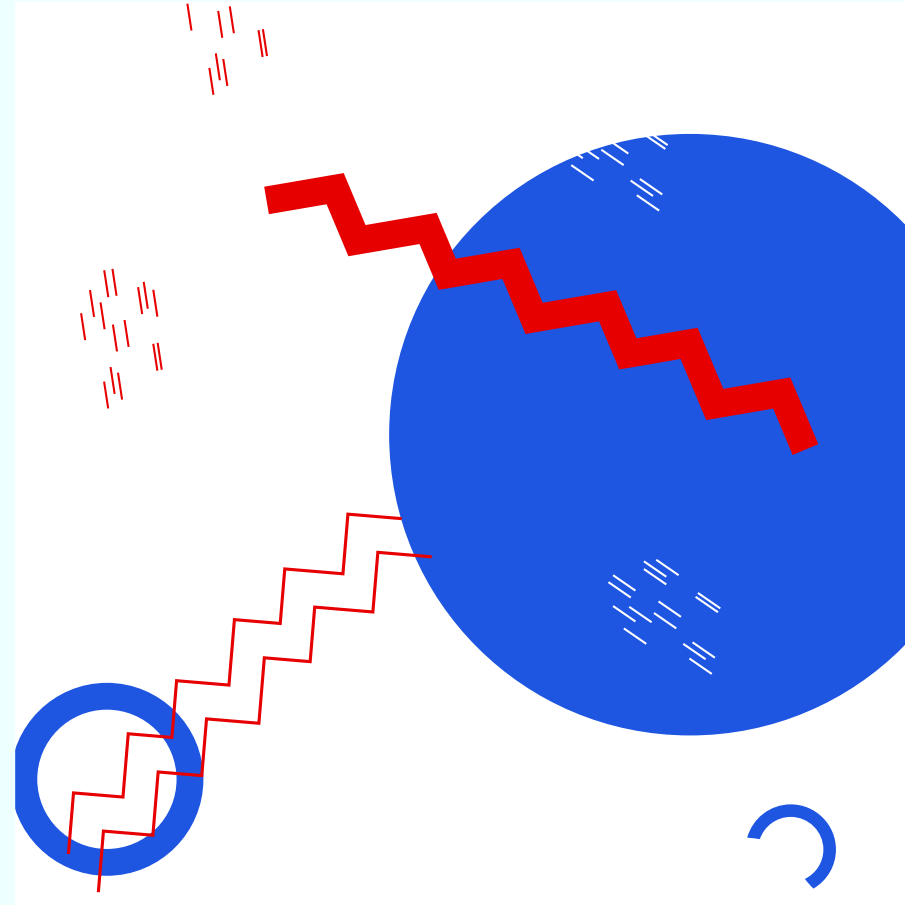
Track your journey using Yuu Space

Log and track your mood and symptoms in a digital journal at home or on the go.

[Get started >](#)



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Website Mock-up

Visual Output Example